



## Allergens

All products are made in a kitchen that handles nuts, gluten, egg & milk, plus all other major allergens. If you would like an item to exclude an ingredient for lifestyle purposes, this may be possible.

I also offer a Made Without Range, however I cannot guarantee they are "free from" & therefore **are not suitable for allergy sufferers**. Please note, the Made Without Range may incur additional charges due to specific products being required.

Please use the Allergen List to help you when ordering but please never assume that my products don't contain an allergen, just because it is a baked good or dessert. Some ingredients contain inobvious allergens e.g. some sprinkles contain fish gelatine.

**Please let me know of any allergies, intolerances or coeliac disease or dietary requirements when ordering.**

Feel free to email for a full ingredients list or with questions: [hello@indulgencebyjosephine.com](mailto:hello@indulgencebyjosephine.com)



Product	 Cereals Containing Gluten	 Eggs	 Milk	 Soya	 Sesame	 Fish	 Sulphur Dioxide	 Tree Nuts	 Peanuts	 Molluscs	 Lupin	 Crustaceans	 MUSTARD	 Celery & Celeriac
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Cakes & Cupcake Sponges														
Vanilla Sponge <sup>*1 *2 *3 *4</sup>	✓	✓	✓											
Chocolate Sponge <sup>*1 *2 *3 *4</sup>	✓	✓	✓											
Banana & Chocolate Sponge	✓	✓	✓	✓										
Carrot Sponge With Walnuts <sup>*1</sup>	✓	✓	✓					✓						
Carrot Sponge Without Walnuts <sup>*1</sup>	✓	✓	✓											
Lemon Sponge <sup>*1 *2 *3 *4</sup>	✓	✓	✓											
Coconut Sponge <sup>*1</sup>	✓	✓	✓											
Gingerbread Sponge <sup>*1</sup>	✓	✓	✓											
Lemon & Blueberry Sponge <sup>*1</sup>	✓	✓	✓											
Red Velvet <sup>*1 *2</sup>	✓	✓	✓				✓							

<sup>\*1</sup> can be Made Without Milk  
<sup>\*2</sup> can be Made Without Gluten  
<sup>\*3</sup> can be Made Without Egg  
<sup>\*4</sup> can be Made Vegan

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**Cakes & Cupcakes Fillings & Toppings**

Vanilla Buttercream *1 *4			✓											
Chocolate Buttercream *1 *4			✓											
Lemon Buttercream *1 *4			✓											
Orange Buttercream *1 *4			✓											
Oreo Buttercream *1 *4			✓	✓										
Biscoff Buttercream *1 *4			✓	✓										
Cream Cheese Buttercream			✓											
Raspberry Buttercream *1 *4			✓											
Dark / Milk / White *1 *4 Chocolate Ganache			✓											
Lemon Curd			✓											

Sprinkles contain different allergens including but not limited to GLUTEN, MILK, SOYA, FISH. Vegetarian / vegan / gluten free sprinkles available – please ask)

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 \*4 can be Made Vegan

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Brownies, Blondies & NYC Cookies														
Chocolate Decadence Brownie without walnuts*1,*2*3,*4	✓	✓	✓	✓										
Chocolate Decadence Brownie with walnuts*1,*2*3,*4	✓	✓	✓	✓				✓						
White Chocolate Biscoff Blondies	✓	✓	✓	✓										
NYC Milk / Dark / White Choc Chip Cookie	✓	✓	✓	✓										
NYC Red Velvet Cookie	✓	✓	✓	✓										
NYC Oreo Cookie	✓	✓	✓	✓										
NYC White Chocolate Macadamia Nuts Cookie	✓	✓	✓	✓				✓						
NYC Carrot Cake Cookie with Walnuts	✓	✓	✓	✓				✓						
NYC Oatmeal & Raisin Cookie	✓	✓	✓					✓						

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 \*3 can be Made Without Egg  
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<b>Bastichia, Macarons &amp; Cakesicles</b>														
Bastichia		✓	✓					✓						
Chocolate Macarons* <sup>1</sup>		✓	✓	✓				✓						
Vanilla Macarons* <sup>1</sup>		✓	✓					✓						
Lemon Macarons* <sup>1</sup>		✓	✓					✓						
Raspberry Macarons* <sup>1</sup>		✓	✓					✓						
Pistachio Macarons		✓	✓	✓				✓						
Nutella Macarons		✓	✓	✓				✓						
Rose Macarons* <sup>1</sup>		✓	✓					✓						
Cakesicles covered in Milk / White / Dark Chocolate* <sup>1</sup> * <sup>2</sup> * <sup>3</sup> * <sup>4</sup>	✓	✓	✓											

\*<sup>1</sup>can be Made Without Milk

\*<sup>2</sup>can be Made Without Gluten

\*<sup>3</sup>can be Made without Egg

\*<sup>4</sup>can be Made Vegan

Product	 Cereals Containing Gluten	 Eggs	 Milk	 Soya	 Sesame	 Fish	 Sulphur Dioxide	 Tree Nuts	 Peanuts	 Molluscs	 Lupin	 Crustaceans	 Mustard	 Celery & Celeriac
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Dubai Chocolate														
Milk / white / dark PTK	✓		✓	✓	✓			✓						
Milk / white / dark Made Without Gluten PTK			✓	✓	✓			✓						
Milk / white / dark Buenissimo	✓		✓	✓				✓						
Milk / white / dark Made Without Gluten Buenissimo			✓	✓				✓						
Vegan PTK	✓		✓	✓	✓			✓						
Vegan & Made Without Gluten PTK			✓	✓	✓			✓						
Milk / white Biscoff Knafeh	✓		✓	✓										
Milk / white Biscoff Pretzel	✓		✓	✓										
Vegan Dark Biscoff Knafeh	✓			✓										
Vegan Dark Biscoff Pretzel	✓			✓										

Dubai chocolate bars, eggs, hearts, labubus and cakesicles all have the same allergens based on each respective flavour profiles

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Dubai Chocolate Jars														
Pistachio Spread	✓		✓	✓	✓			✓						
Made Without Gluten Pistachio Spread			✓	✓	✓			✓						
Buenissimo Spread	✓		✓	✓				✓						
Biscoff Knafeh Spread	✓		✓	✓										
Pistachio Matilda Cake Jar	✓	✓	✓	✓	✓		✓	✓						
Made Without Gluten Pistachio Matilda Cake Jar	✓	✓	✓	✓	✓			✓						